The 12 Steps

1. Admitted we were powerless over alcohol, and that our lives had become unmanageable.
2. Came to believe that a power grater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and another human being, the exact nature of our wrongs.
6. Were entirely ready to have God remove all of these defects of character.
7. Humbly asked him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people whenever possible, except when to do so would injure them or others.
10. Continued to take personal inventory, and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for the knowledge of his will for us, and the power to carry it out.
12. Having had a spiritual awakening as the result of these steps, we try to carry this message to others, and to practice these principles in all our affairs.

Alcoholics Anonymous

Names and Numbers

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

Alcoholics Anonymous
NC District 11.

Meeting Schedule

Alcoholics Anonymous is a fellowship of men and women who share their experience, hope, and strength with each other, so that they may solve their common problem with alcohol, and help others to recover from the effects of alcohol. If you believe you have a problem with alcohol, you are invited to attend our meetings. District 11 Open meetings are available to anyone seeking to learn more about alcoholism, and/or thinks they may have a problem with alcohol. Closed meetings are restricted to those individuals with a desire to stop drinking. Our meetings are non-smoking (unless otherwise noted).

District 11 Hotline Numbers

Watauga/Avery (828)264-1212
Ashe County (336)982-2641
Wilkes County (336)927-5593
WWW.BOONEAA.ORG